Haemophilia in Europe with respect to clinical outcome, quality of life and care resources (socio-economic studies)

Regional Haemophilia Meeting Esfahan Iran April 19th-20th, 2009

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#### HÆMORRHAGIC DIATHESIS.

#### SUCCESSFUL TRANSFUSION OF BLOOD.

By SAMUEL LANE, Esq., Lecturer on Anatomy and Surgery in the St. George's School, Grosvenor-place, Hyde-Park Corner.

To the Editor of THE LANCET.

SIR :--Allow me, through the medium of your Journal, to place on record a success-

From transfusion of

blood to infusion of

factor concentrates.



## Haemophilia treatment: factor VIII substitution Progresses in Haemophilia treatment 1953 - 2005:



- Industrial production of factor concentrates
- Prophylactic therapy with factor concentrates in children and adolescents
- Production of recombinant factor concentrates

#### **Benefits**

- Treatment and avoidance of bleedings
- Avoidance of infections (HBV, HCV, HIV)
- Less disablilities, chronic complications
- Better Quality of Life
- Social integration

# Haemophilia: Cause of Death > 1982



# Causes of Death 1978 – 1983 and 2002 – 2007

	1978 — 1983	2002 – 2007
	(n = 60)	(n = 104)
Bleeding	51 %	17 %
Liver disease	15 %	28 %
Malignant tumor	10 %	13 %
Other internal diseases	12 %	25%
Accident, Suicide, murderd, Drogen	12 %	11 %
HIV	0 %	6 %

## Haemophilia Care - European perspective

#### Wildbad Kreuth Initiative 1999

**Recommendation 128** 

"Adequate amounts of coagulation factor concentrates for the treatment of patients with haemophilia and related disorders should be available in each Member State. Quantities of both plasma-derived and recombinant products should be maintained, although it is recognised that recombinant products could gradually supplant plasma-derived ones. Individual patient preferences should be taken into consideration when choosing products."

Schramm W.: Conference Proceedings ISBN 3-00-005705-6

#### F VIII+IX: Units (MM) 1990-2005 Plasmaderived + Recombinant



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# Clinical Outcome: Prophylaxis in Haemophilia Treatment

 Twenty-five years' experience of prophylactic treatment in severe haemophilia A and B

(Nilsson et al., J Intern Med 1992; 232: 25-32)

- 60 severe haemophiliacs A (n=52) and B (n=8)
- age: 3-32
- treatment start at age of 1-2 years
- 25-40 IU/kg body weigth three times a week for haemophilia A,
  25-40 IU/kg body weigth twice a week for haemophilia B
- 5-year period
- orthopaedic and radiological joint scores were evaluated according to recommendations by the WFH
- > 3-17 years: 29 out of 35 showed patients joint scores of zero
  The oldest group had only minor joint defects.
  All 60 are able to lead normal lives

# Clinical Outcome: Prophylaxis in Haemophilia Treatment

A longitudinal study of orthopaedic outcomes for severe factor-VIIIdeficient haemophiliacs. The Orthopaedic Outcome Study Group (Aledort LM et al., J Intern Med 1994 Oct; 236 (4); 291-299)

multicenter (21), uncontrolled, prospective, 6 years

 477 patients under 25 years (mean 13.5 ± 6.6), severe Haemophilia A, no inhibitor

- $\rightarrow$  Bleeding episodes
- $\rightarrow$  Joint bleeds and sites
- $\rightarrow$  Use of prophylaxis
- $\rightarrow$  Factor consumption
- $\rightarrow$  Evaluation of elbows, knees, ankles
- $\rightarrow$  Days missed from work and / or school
- $\rightarrow$  Days hospitalized

# Clinical Outcome Prophylaxis in Haemophilia Treatment

A longitudinal study of orthopaedic outcomes for severe factor-VIIIdeficient haemophiliacs. The Orthopaedic Outcome Study Group (Aledort LM et al., J Intern Med 1994 Oct; 236 (4); 291-299)

Variable	>45 Weeks	No specific prophylaxis	p (U-test)
Number of patients	66	411	
Average (year 6 – year 1) score	1.00	3.05	0.002
Average start score	2.69	6.59	0.00001
Average final score	3.70	9.64	0.00000
Average joint bleeds	5.65	16.5	0.00000
Average age	12.5	13.7	0.134
Average dose	2772	1038	0.0000

Over 45 weeks / year prophylaxis physical examination data

# Clinical Outcome Prophylaxis in Haemophilia Treatment

Schramm, W. Experience with prophylactic treatment in Germany. Royal Society of Medicine Round table series 1991, 25, 12-17.

36. 	Treatment				
	On-Demand				
	Prophylaxis	Group I (<20 yr)	Group II (20-29 yr)	Group III (>30 yr)	
No. of patients	17 (10)	18 (9)	27 (20)	25 (15)	
Mean age (yr)	18.9	13.3	23.6	39.8	
Range	4-36	1-19	20-29	30-62	
Days off work/yr	3	4.6	8.8	11.4	
Joint pain*	0.6	0.4	1.3	1.6	
Joint Blee'ds/yr	9.1	14.3	17.0	17.6	
Substitution amount					
(U/kg/yr)	1,927†	1,060	870	720	

#### Table 1. Description of the Hemophilia Cohort

NOTE. The number of pateints available for full radiologic evaluation is shown in parentheses.

\*Scale: 0, none; 1, slight; 2, moderate; 3, severe.

†Significant difference (P < .01) compared with groups I, II, and III.

# Clinical Outcome Prophylaxis in Haemophilia Treatment

Schramm, W. Experience with prophylactic treatment in Germany. Royal Society of Medicine Round table series 1991, 25, 12-17.



## Haemophilia Care - Outcomes: Clinical Outcomes and Quality of Life

European Socioeconomic Study Clinical Outcomes and Resource Utilization Associated with Haemophilia Care in Europe Schramm W., Royal R., Kroner B. et al, Haemophilia 2002, 8, 33-43

Quality of life differences between prophylactic and on-demand factor replacement therapy in haemophilia patients Royal R., Schramm W. Berntorp E., et al, Haemophilia 2002, 8, 1-7

Study design: cross-sectional study to collect clinical, economic and quality-of-life data						
Centers: 18 treatment centers participated (CCCs)						
10 Countries:						
Germany	Italy	Netherlands				
England	England France Switzerland					
Sweden	Greece	Israel				
Spanien						
Number of Patients:						
Clinical outcomes: n=1005						
Quality-of life: n=903						
Quality-of file: f	1-303					

#### **Results - Patients**

	Total population n = 1005	On -demand n = 670	Prophylaxis n = 335	p-value
Age				
Mean	34.8	35.4	33.6	0.048
Standard deviation	13.8	13.7	13.9	
Range	11-83	11-82	12-83	
Haemophilia type in %				
Haemophilia A	83.5	83.1	84.1	0.681
Haemophilia B	16.5	16.9	15.9	
Factor (units/kg/year)				
Mean	1.904	1.224	3.208	0.0001
Standard deviation	2.682	2.355	2.790	
Range	0-39.000	0-39.000	7.6-35.412	

### **Results - Clinical Outcomes**

	Total population n = 1005	On -demand n = 673	Prophylaxis n = 336	p-value
Loint Bleed in %				
Yes	71.6	77.3	60.2	0.001
No	28.4	22.7	49.8	
Number of joint bleeds				
Mean number joint bleeds	6.3	7.7	3.4	0.0001
Standard deviation	10	11	6.3	
Range	0-96	0-96	0-70	

## European Socioeconomic Study Quality-of-Life

- Number of patients: 903
- Mean age: 35.8
- Objective:
  - Comparison of SF-36 scores in patients treated with factor concentrate proph. and those treated on demand
- Quality-of-life measurement:
  - Medical Outcomes Trust Short Form 36 (SF-36)
  - German population scores were used for comparison

#### Quality-of-life of Haemophiliacs



#### SF-36 Analysis Results for Full Study Cohort

SF-36 Dimension	Mean Score			<u>P value</u>	
	<b>On Demand</b>	S.E	Prophylaxis	S.E.	
	(n=590)		(n=313)		
*Physical Functioning	68.40	1.54	73.50	1.95	<.02
Physical Role	65.99	2.52	70.83	3.20	n/s
*Bodily Pain	62.28	1.68	71.01	2.13	<.001
*General Health Index	53.46	1.50	62.12	1.90	< 001
Vitality	60.19	1.23	58.64	1.56	n/s
Social Functioning	75.39	1.61	79.18	2.04	n/s
Emotion	80.14	2.18	81.05	2.77	n/s
Mental Health	72.43	1.21	75.47	1.55	n/s

# SF-36 SAMPLE MEANS (CONTROLLED) AND NORMATIVE MEANS



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Quelle: European Socioeconomic Study, data on file

Original study published by Schramm W et al. 2002 Jan;8(1):44-50. Royal S et al. 2002 Jan;8(1):44-50

# Prophylaxis in Haemophilia Treatment Open issues

Blood safety in the European Community: An initiative for optimal use. 20-22 May 1999, Wildbad Kreuth, Conclusions: 66

- Time when prophylaxis should start?
- Age at which prophylaxis should be suspended?
- Dosage and frequency of injections ?

#### Haemophilia Care in Europe





# **Preston Curve in 2000**



Economic Evaluation of Health Care

#### A simple economic evaluation of a drug

#### relates the resources consumed to the output



#### The "Algebra" of Effectiveness



#### European Study of Clinical, Health economic and Quality of Life outcomes in Haemophilia treatment (ESCHQoL)

#### **Clinical Outcomes**

- **Prof. Wolfgang SCHRAMM (coordinator),** UNIVERSITY HOSPITAL OF MUNICH; Dept of Transfusion Medicine and Haemostasis
- Dr. Paul GIANGRANDE, OXFORD RADCLIFFE HOSPITALS NHS TRUST, Churchill Hospital
- **Prof. Alessandro GRINGERI,** UNIVERSITY OF MILAN, Dept. of Internal Medicine Haemophilia and Thrombosis Centre
- **Prof. Rolf LJUNG,** REGION SKANE, UNIVERSITY HOSPITAL, MALMÖ, Paediatrics (Barnkliniken)
- Dr. Laszlo NEMES, NATIONAL MEDICAL CENTRE National Haemophilia Centre
- **Prof. Margit SERBAN**, UNIVERSITY OF MEDICINE & PHARMACY "VICTOR BABES" TIMISOARA 3rd Paediatric Clinic

#### **Quality-of-Life Outcomes**

- **Prof. Monika BULLINGER,** UNIVERSITY HOSPITAL HAMBURG-EPPENDORF OF HAMBURG, Institute and Policlinics of Medical Psychology, Centre of Psychosocial Medicine
- Dr. Sylvia v. MACKENSEN, UNIVERSITY HOSPITAL HAMBURG-EPPENDORF OF HAMBURG, Institute and Policlinics of Medical Psychology, Centre of Psychosocial Medicine

#### **Health Economic**

- Karin BERGER, MSC, MEDICAL ECONOMICS RESEARCH GROUP (MERG) Munich
- Dr. Lorenzo G. MANTOVANI, UNIVERSITY OF MILAN, Centre of Pharmacoeconomics



#### **Objectives – General**

- To make available validated instruments for assessment of patients' health status, quality of life and health care and its cost on an European basis
- To identify models of health care of haemophiliacs on the basis of clinical characteristics, their possible costs and impact on quality of life
- To make policy recommendations for optimal care of haemophilia patients on the basis of clinical, quality-of-life and health economic information



#### **Objectives – Clinical Outcomes**

- Knowledge about the clinical status and the prevalent treatment modalities in Europe
- Comparison of clinical situations and types of treatment among countries and/or regions of Europe (North, South, East)
- Comparison of clinical status among groups of patients
  - with different age groups (children, adolescents, young adults, older adults and elderly),
  - patients on prophylaxis with patients on 'on-demand' treatment,
  - patients prevalently on home treatment with patients prevalently treated at the hospital,
  - patients with inhibitors or patients without inhibitors



#### **Objectives – Quality of Life**

- To describe the quality-of life of patients with haemophilia across countries, treatment options and clinical conditions.
- To identify relevant determinants of health related quality-of-life as related to the structure of haemophilia care.
- To compare the quality-of-life outcome of haemophilia care in Europe and recommend future improvements.



#### **Objectives - Economics**

- To identify the cost determinants in haemophilia care
- To collect the resource consumption of each of these determinants from the societal perspective and payers perspective (Cost-of-illness analysis)
- To conduct incremental cost-effectiveness analysis and incremental cost-utility analysis
- To describe how CCC are organised in several European countries



## Study Design

- Retrospective/prospective, prevalence-based, longitudinal study
- Consecutive patient recruitment will
- Setting: haemophilia comprehensive care centres in 21 European countries:
  - Austria, Belgium, Czech Republic, Denmark, Finland, France, Germany, Greece, Hungary, Italy, Lithuania, Poland, Portugal, Romania, Slovenia, Slovakia, Spain, Sweden, Switzerland, Turkey, United Kingdom.
- Time horizon
  - Medical Documentation: 12 months
    - Baseline: 6-months retrospective
    - Follow up: 6-months prospective
  - Patient diaries: 6 months prospective



#### Patients

#### Patients with mild, moderate and severe haemophilia

- The severity of clotting factor deficiency was considered according to FVIII or FIX plasma levels as
  - Severe (<1%)
  - Moderate(1-5%)
  - Mild (6-25%)
- Patients with inhibitors were considered according to the anamnestic response to previous exposure to FVIII or FIX as
  - Low responders (<5 Bethesda Units)
  - High responders (>5 Bethesda Units)



#### Methods Measurements

Evaluation	Measurement	Informant	Measure Point
Clinical Status	Patients Diary	Patient	Daily
~	Medical Documentation	Physician	At enrolment /after 6 months
Health Economic Data	Patients Diary	Patient	Daily
	Patients Preferenences	Patient/Parent	At enrolment
	Haemo-QoL Long/ Short Version	Patient/Parent	At enrolment /after 6 months
	Disease specific questionaire for adults	Patient	At enrolment /after 6 months
	EQ-5D	Patient	At enrolment /after 6 months
Quality of Life	Haemo-QoL Long/ Short Version	Patient/Parent	At enrolment /after 6 months
	Disease specific questionaire for adults	Patient	At enrolment /after 6 months
	SF-36	Patient/Parent	At enrolment /after 6 months
	KINDL	Patient	At enrolment
	EQ-5D	Patient	At enrolment /after 6 months
Desription of Haemophilia CCC's	WHF description of centres questionnaire	Physician/Payers	At enrolment
Additional information	Sociodemographic data	Patient/Parent	At enrolment
	Questions about the disease	Patient/Parent	At enrolment /after 6 months
	Treatment satisfaction	Patient/Parent	At enrolment
	Health care needs	Patient/Parent	After 6 months
	Psychsocial determinants	Patient	At enrolment /after 6 months



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# **Participation Status**

	Clinical Outcome		Patient Diaries
Number of enrolled patients	1426	Number of available diaries	1087
Rejection	26	Number of diaries with observation	14
Patients at baseline	1400	time < 150 days	
		Rejection	1
Lost for follow up	86	Number of eligible	
Patients at follow up	1314	diaries	1072



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#### **Results – Clinical Outcomes**

- Region 1 ( > 5 IU): (N=562)
- Austria, Denmark, France, Germany, Sweden, United Kingdom
- Region 2 (2-5 IU): (N=540)
- Belgium, Finland, Greece, Hungary, Italy, Portugal, Slovenia, Slovakia, Spain, Switzerland
- **Region 3 (≤ 2 IU):** (N=305)
- Czech Republic, Lithuania, Poland, Romania, Turkey



Definition of regions is based on historical data (2004) from different resources e.g. WFH, market research data



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MS3 Zahlen ergeben nicht 1400 MShlaen; 19-02-2009

#### Results – Clinical Outcomes Demographics - Adults

Total	Baseline N=1003	Follow Up N=862
Age (years) Median (Mean +/- SD)	<b>33</b> (35.3+/-14.4)	32 (34.5+/-14.9)
Height (cm) Median (Mean +/- SD)	<b>176.0</b> (176.1+/-9.1)	177.0 (176.4+/-8.3)
Weight (kg) Median (Mean +/- SD)	<b>75.0</b> (75.9+/-14.6)	75.0 (76.1+/-15.0)
Body Mass Index (kg/m <sup>2</sup> ) Median (Mean +/- SD)	<b>24.1</b> (24.4+/-4.2 )	24.0 (24.4+/-4.3 )

#### Adults





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AC2 Auf eine Aufschlüsselung der Komorbiditäten habe ich verzichtet. Die Fallzahlen sind sehr klein, und das Ganze wird schnell unübersichtlich. Alexander Crispin; 24-02-2009

#### Results – Clinical Outcomes Demographics - Children

Total	Baseline N=423	Follow Up N=315
Age (years) Median (Mean +/- SD)	<b>11</b> (10.7+/-3.4)	11 (11.4+/-3.3)
Height (cm) Median (Mean +/- SD)	<b>148.0</b> (147.2+/-23.1)	150.0 (150.2+/-21.2)
Weight (kg) Median (Mean +/- SD)	<b>40.0</b> (43.1+/-23,4)	42.0 (44.5+/-17.7)
Body Mass Index(kg/m <sup>2</sup> ) Median (Mean +/- SD)	<b>17.9</b> (18.4 +/-4.2 )	18.1 (18.8 +/-3.7 )





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Slide 37

k3 Bitte die Legende kleiner machen kberger; 22-01-2009

## **Results – Clinical Outcomes** Treatment



# Patients with severe factor



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## Results – Clinical Outcomes Treatment



#### **Type of Factor Product**



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# Usage

#### plasma derived versus recombinant factors





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## Results Clinical Outcomes Inhibitors

Inhibitors Adults	Total	Severe	moderate/ mild	Inhibitors Children	Total	Severe	moderate/ mild
	102	84	17	habibitana biatama	49	46	3
Innibitors history	(10,4%)	(12,2%)	(6,2%)	Innibitors history	(11.8%)	(16,7%)	(2,2%)
Inhibitors present	46	44	1	Inhibitors present	12	12	3
N (%)	(4.6%)	(6.3%)	(0.4%)	N (%)	( <b>2.8%</b> )	(4.3%)	(2,2=)0.0
Age at Inhibitor				Age at Inhibitor			
development	192;	168;	300;	development	24;	22,5;	41;
(month) Median;	230.7	205.8	349.5	(month) Median;	34.9	35.0	34.0
Mean (+/-SD)	(183.8)	(155.5)	(259.1)	Mean (+/-SD)	(32.1)	(32.8)	(22.3)



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## Results – Clinical Outcomes Bleeding History

Adulte	Sovoro	modorato/mild
Adults	Severe	moderate/mild
Number of bleeds in previous 6		
month		
Median;	6	1
Mean (+/-SD)	10.8 (12.8)	4.6 (10.3)
Number of joint bleeds in previous 6		
month Median:	5	0
Mean (+/-SD)	9.0 (11.7)	4.1 (9.8)
Target joints		
Median;	1	0
Mean (+/-SD)	1.1 (1.4)	0.4 (0.8)
Age at first bleeding (month)		
Median;	12	60
Mean (+/-SD)	25.8 (36.7)	97.7 (123.6)
Age at first joint bleeding (month)		
Median;	24	67
Mean (+/-SD)	37.2 (41.6)	103.8 (115.8)



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## Results – Clinical Outcomes Bleeding History

Children	Severe	moderate/mild
Number of bleeds in previous 6 month Median; Mean (+/-SD)	<b>3</b> 4.9 (6.4)	<b>1</b> 2.4 (3.9)
Number of joint bleeds in previous 6 month Median; Mean (+/-SD)	<mark>1</mark> 3.1 (5.1)	<b>0</b> 1 (2.4)
Target joints Median; Mean (+/-SD)	<b>0</b> 0.5 (0.9)	<b>0</b> 0.1 (0.3)
Age at first bleeding (month) Median; Mean (+/-SD)	<b>11</b> 12.5 (12.4)	<b>23</b> 39.2 (41.0)
Age at first joint bleeding (month) Median; Mean (+/-SD)	<mark>18</mark> 24.8 (19.6)	<b>40</b> 52.2 (45.7)



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#### Results – Clinical Outcome Bleeding History





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#### Results – Clinical Outcome Unscheduled visits at the Haemophilia Center





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## Joint Status II

• The joint scores showed substantial differences between the different regions, especially for children





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# Patient's diary

- Every enrolled patient will record on a daily basis for six months any medical event such as
- 'bleeding site',
- 'consultations, examinations, procedures'
- 'therapy administration'
  - occurrence of bleedings,
  - type of replacement therapy,
  - hospitalisations,
  - any kind of medical visits and examinations,
  - school/work days lost by the patients and/or by caregivers).

In order to obtain this information a patient's diary has been prepared, easy to be filled out directly by each patient or guardian.



## **Patient Diaries**

Number of available diaries	1087
Number of diaries with observation time < 30 days	14
Rejection	1
Number of eligible diaries	1072



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## Results

- Bleeding episodes (days)
- Resource consumption
  - Visit
  - Days lost at work, school or every day live activities
  - Clotting factor use



# Resource Consumption: Days Lost of Work, School or Every Day Live Activities

	Total (N=1072)			Severe haemophilia (N=761)		
	Patients	Mean	Median	Patients	Mean	Median
	N (%)	(SD)	(MinMax.)	N (%)	(SD)	(MinMax.)
Days lost –	439	13.7	<b>6.0</b>	344 (45)	15.0	<b>8.0</b>
patient	(41)	(20.5)	(1.0 – 153.0)		(21.0)	(1.0 – 153.0)
Days lost –	262	12.6	<b>5.0</b>	203 (27)	14.3	<b>5.0</b>
caregiver	(24)	(21.5)	(1.0 – 153.0)		(23.7)	(1.0 – 153.0)



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MS4 Sollen die Means raus? MShlaen; 20-02-2009

#### Resource Consumption: Clotting Factor Use per Patient Number of Days with Treatment

		Total (N=1072)		Severe haemophilia (N=761)		
	Patients N (%)	Mean (SD)	Median (Min.– Max.)	Patients N (%)	Mean (SD)	Median (Min.–Max.)
Tranexamic acid	95 (8.9%)	24.3 (24.3)	13.0 (1.0 -92.0)	63 (8.3%)	30.7 (26.4)	30.0 (1.0 -92.0)
DDAVP	30 (2.8%)	3.4 (2.3)	2.5 (1.0 -10.0)	13 (1.7%)	2.8 (1.7)	2.0 (1.0 -7.0)
FFP	14 (1.3%)	11.6 (7.4)	10.0 (1.0 -25.0)	13 (1.7%)	12.3 (7.3)	10.0 (1.0 -25.0)
Cryoprecipitate	24 (2.2%)	8.0 (6.4)	5.0 (1.0 -27.0)	23 (3.0%)	8.3 (6.4)	5.0 (1.0 -27.0)
Plasma-derived	557 (52.0%)	32.0 (28.3)	<mark>24.0</mark> (1.0 -184.0)	437 (57.4%)	35.2 (29.2)	<mark>27.0</mark> (1.0 -184.0)
Recombinant	403 (37.6%)	42.0 (36.0)	<mark>34.0</mark> (1.0 -184.0)	322 (42.3%)	46.2 (36.3)	<mark>41.0</mark> (1.0 -184.0)



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## Resource Consumption: Clotting Factor Use per Kg per Year per Patient with Severe Haemophilia

Germany

	patients with severe haemophilia			
clotting factor consumption	Ν	Mean (SD) IU	Median (Min.–Max.) IU	
Plasma-derived and/or Recombinant	147	3,771 (4,304)	<b>2,932</b> (40 -43,524)	
Plasma-derived	59	3,469 (3,257)	<b>2,932</b> (142 -15,068)	
Recombinant	93	3,372 (2,401)	<b>2,732</b> (40 -9,106)	
Romania				
	patients with severe haemophilia			
clotting factor consumption only	Ν	Mean (SD) IU	Median (Min.–Max.) IU	
Plasma-derived and/or Recombinant	65	405 (440)	<b>303</b> (5 -2,847)	
Plasma-derived	44	300 (336)	<b>223</b> (8 -1,688)	
Recombinant	44	298 (315)	<b>154</b> (5 -1,360)	



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# **Quality of Life Results**

## Children and ADULTS



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# HR-QoL in adults (SF-36) compared to German Norm population





European Study of Clinical, Health economic and Quality of Life outcomes in Haemophilia treatment Funded by: European Commission - DG Research Projekt - QLG7-CT-2002-02475

# HR-QoL (SF-36) by regions for factor consumption





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# Why do we need information on Quality of life and patient preferences?





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